

Codes for Neurological Movement Focus

The letters in parentheses () following the title describe the neurological system being focused on by that activity, as described in the introduction of this book.

ABBREVIATIONS FOR NEUROLOGICALLY FOCUSED DEVELOPMENTAL MOVEMENTS:

Rhythm is emphasized through speech and movement in all activities and therefore is not listed separately.

GF emphasize group forming/settling the children into being together.

Vestibular: V (all movement has an effect on the vestibular system; therefore, only those activities with an exceptional and targeted impact on this system are marked.) **V/B** means balance is emphasized.

Proprioceptive: P (all movement has an effect on the proprioceptive system; only those activities with an exceptional impact on this system are marked.) Some of the proprioception exercises focus on navel radiation. This is the core proprioceptive pattern and the space from which postural stability, and therefore freedom in movement is found. Those activities involving **navel radiation** in specific are marked **P/NR**.

Tactile: T

Auditory: AD and **Visual: VS** (all movement with song or verse, particularly rhythmic verse, affects the auditory and visual systems; therefore, only those activities with an exceptional and targeted impact on this system are marked.)

Midlines: Lateral - R/L (all skipping and the like have an effect on this midline crossing so only those with particular emphasis on this crossing are marked);

Horizontal - HM;

Forward/Back - FB

Hand and finger coordination and wrist flexibility: HndW (pencil grip and handwriting preparation)

Complete Song and Verse Listing with Learning Focus

Opening Activities Table of Contents

CD#	Season and Activity Type	Page	V	P	T	AD	VS	R/L	FB	HM	Hndw
All Season:											
1	Round and Round	34									
2	Sally Go Round the Sun*	35		x				x		x	
3	Morning Song*	36							x		
4	Wake Up	37								x	
5	Ting-a-ling	38				x				x	
6	Sailor Boy	39		x				x			
Autumn:											
13	Wild Goose Flight	42									
14	Green Orchard**	43						x		x	
15	Colored Leaves**	44								x	
Winter:											
25	Mid-Winter Journey	46									
26	Trip, Trip, Trap*	47								x	
27	King Winter	48									
28	Wind, Wind, Blowing	49						x		x	
29	Over the River	50									
30	Jingle Bells	51									
Spring:											
40	Mother Earth*	54				x				x	
41	Rosie Ray	55									
42	The Coo Coo	56								x	x
43	Johnny Jump Up	58		x						x	
44	Snow Drop**	59				x					
45	Spring is Coming**	60									
46	Oats, Peas, Beans, & Barley Grow	62									
47	Lavender's Blue	63							x		

Midline Activities Table of Contents

CD#	Season and Activity Type	Page	V	P	T	AD	VS	R/L	FB	HM	Hndw
All Season:											
7	Grand Old Duke Of York	68								x	
8	Temple Bells	69				x			x	x	
9	Pigeon House	71							x	x	
10	My Little Pony	73						x		x	
11	Kookaburra	74		x						x	
V	Far Out At Sea	75							x	x	
V	Horses	76	x			x		x			
V	Old Mother Raincloud (long)	77							x	x	
V	Old Mother Raincloud (short)	78							x	x	
V	Waters	79								x	
V	Lighthouse	80							x		
Autumn:											
16	The Mill	82	x						x		
17	Recorder Song - Autumn	83						x			x
18	Squirrels Running	85							x		
V	Woodcutters	86	x	x				x		x	
V	Sickle	87	x					x		x	
V	The Acorn	88								x	x
V	Apple Tree	89						x		x	
V	Cobbler	90						x		x	
V	Halloween Witch	91								x	
Winter:											
31	Recorder Song - Winter	93								x	x
32	Oh Evergreen	94								x	
33	Willows Hanging Low	96	x							x	
V	Dwarves	97								x	
V	Little Dwarves	98						x		x	
V	Gnomes	99						x		x	
V	Knights	100						x	x		
Spring:											
48	Mother Earth Secrets	102				x				x	
49	Recorder Song - Spring	103						x			x
V	The Magic Piper	104						x			x
V	Foxes	105				x		x			
V	Clouds	106							x	x	
V	The Little Plant	107								x	
V	Sailor Men	108						x		x	

Base Sense Activities Table of Contents

CD#	Season and Activity Type	Page	V	P	T	AD	VS	R/L	FB	HM	Hndw
All Season:											
V	Cobra	112		x							
V	Spider Web	113		x							
V	Spider (long)	114		x							
V	Spider (short)	115		x							
V	Snail	116	x	x							
V	Tug Boat	117		x							
V	Lazy Lion	118		x							
V	Bridges	119		x							
Autumn:											
19	Winds of October	121	x							x	
V	Autumn Leaves	122	x								
V	Loud Winds	123		x					x	x	
V	Squirrel Bounds	124		x		x					
V	Mama Swan	125	x	x							
Winter:											
V	Whirling Snow	127	x								
V	A Little Bit of Snow	128	x						x	x	
V	Star Fairies	129		x							
34	Winter White	130		x				x			
V	Winter	131	x	x							
Spring:											
50	Butterfly	133		x							
V	Winds	134	x						x		
V	Caterpillar	135		x							
V	Peepers	136		x						x	
V	Crab	137		x							
V	Inch Worm	138		x							
V	Flower Elves	139		x						x	

Fingerplays Table of Contents

CD#	Season and Activity Type	Page	V	P	T	AD	VS	R/L	FB	HM	Hndw
All Season:											
V	Mouse	143			x						
V	Raccoon	144			x						
V	Owl	147						x		x	x
V	Snail	148			x						x
V	Waters	149			x						
V	Robin Red Breast	150			x						
V	Rooster and Hen	151			x						x
V	Beaver	152		x							
V	Our Home	153			x			x	x		x
V	Lighthouse	154									x
Autumn:											
20	Jack-O-Lantern	156									
21	Milkweed Cradle	157			x			x			
22	Nut Pie	159			x			x		x	
23	The Apple**	160			x			x			x
24	Hinx Jinx	161									x
V	Apple Tree	162			x			x			
V	Crackling Brown Leaves	163			x			x			x
V	Little Squirrels	164			x			x			x
Winter:											
35	The Holly and the Evergreen	166			x			x			x
36	Falling Snow**	168			x						
37	Snowflake*	170			x			x			x
V	A Little Snow	171						x	x		
V	Popcorn	172			x			x		x	x
V	Snow Man	173							x		
V	Dwarves	174			x			x		x	x
34	Winter White	175						x			x
Spring:											
50	Butterfly	177			x			x			x
51	Little Nest*	178			x			x			x
V	The Little Plant	179								x	x
V	Mama Goose	180			x			x			x
V	Turtle	181			x			x			x
V	Rabbits	182			x			x			x
V	Rain	183			x	x					
V	Daisies	184			x			x			x
V	Lavender's Blue	185						x			

Academic Games

CD#		
	Academic Preparation in the Kindergarten	p.189
	Counting and One-to-One Matching	p.190
52	Alphabet Verse	p.191
53	Months Verse	p.192

Kindergarten Story Songs and Graces

Story Songs

These songs are sung within or with the stories listed below. If they are also used as general songs, the music is found in the appropriate season section, as shown by the numbers below.

CD#	Name	page
12	Lion on the Path	p.196
35	Holly and the Evergreen	p.197
25	Mid-Winter Journey	p.198
38	Sugaring Time/Sleep	p.200
39	Sugaring Time/Haul Sweet Water	p.201

Kindergarten Graces and Transitions and Closings:

54	Sing Me A Song	p.203
V	Owl	p.204
55	Shepherd (Morning Song tune)	p.205
56	Sun Is Rising	p.206
57	Earth Who Gives To Us This Food	p.207
58	Blessings On The Blossom	p.208
59	Mother Earth Secrets	p.209
60	Golden In The Garden	p.210
61	Plants Grow Upward	p.212
62	Sleeping Seeds	p.213
63	White Coral Bells	p.214
64	Wond'rous Hands	p.216
65	Gone To Bed	p.218
66	Lovely Is The Evening	p.219
67	Round and Round	p.220

Kindergarten Movement Demonstration Video

Chapter I: Opening Movement Basics

Skip
3-Step
Gallop
Small Horses
Stomp
Scissors Step
Hop - One-footed
Jump - Two-footed
Circling In, Arms Rising
Circling Out, Arms Lowering
Circling Out, Arms Rising
Pulling Up Anchor
Raising the Sail

Chapter II: Children Demonstrate

Round and Round
Temple Bells
Far Out At Sea
Wild Goose
Foxes
Trip Trip Trap

Chapter III: Midline Activity Basics

Cross and Tap
Recorder Song
Chopping
Sickle
Night Gesture

Chapter IV: Children Demonstrate

Cobbler
Little Dwarves
My Little Pony
Recorder Song
Owl

Chapter V Base Sense Activity Basics

Yoga Boat (Locust)
Spider
Star Fairy Curl
Cobra
Squat Hop (Frog)
Squat Hop (Rabbit)
Bridges
Lions
Spin
Spin and Fold

Chapter VI: Children Demonstrate

Small Horses
Little Spider
Long Legged Spider
Star Fairies
Cobra
Lazy Lion
Butterfly
Autumn Leaves

Chapter VI: Finger Plays:

Mouse
Raccoon
Owl
Snail
Clouds
Robin Red Breast
Rooster and Hen
Beaver
Build a House
Light House
Jack O' Lantern
Apple Tree
Milkweed Cradle
Crackling Brown Leaves
Little Squirrels
Nut Pie
The Apple
Hinx Jinx
Little Bit of Snow
Holly and the Evergreen
Snow Falling
Popcorn
Snowman
Dwarves
Snowflake
Little Plant
Mama Goose
Sea Turtle
Little Nest
Rabbit
Daisies
Alphabet
Butterfly
Rain
Lavenders Blue

Chapter VIII: Children Demonstrate

Alphabet, Milkweed, Rabbits

Kindergarten Song CD List

All Season

Opening/Body Engage:

1. Round and Round
2. Sally Go Round the Sun
3. Morning Song
4. Wake up
5. Ting-a-ling
6. Sailor Boy

Midline Activities

7. Grand Old Duke Of York
8. Temple Bells
9. Pigeon House
10. My Little Pony
11. Kookaburra

Story Songs

12. Lion on the Path

Autumn

Opening/Body Engage:

13. Wild Goose Flight
14. Green Orchard
15. Colored Leaves

Midline Activities and Base Sense

16. The Mill
17. Recorder Song - Autumn
18. Squirrels Running
19. Winds of October

Fingerplays

20. Jack-o-lantern
21. Milkweed Cradle
22. Nut Pie
23. The Apple
24. Hinx Jinx

Winter:

Opening/Body Engage:

25. Mid-Winter Journey
26. Trip, Trip, Trap
27. King Winter
28. Wind, Wind, Blowing
29. Over the River
30. Jingle Bells

Midlines and Base Sense:

31. Recorder Song - Winter
32. Oh Evergreen
33. Willows Hanging Low
34. Winter White

Fingerplays:

35. Holly and the Evergreen
36. Falling Snow
37. Snowflake

Story Songs:

38. Sugaring Time/Sleep
39. Sugaring Time/Haul Sweet Water

Spring

Opening/Body Engage:

40. Mother Earth
41. Rosie Ray
42. The Coo Coo
43. Johnny Jump Up
44. Snow Drop
45. Spring Is Coming
46. Oats, Peas, Beans & Barley Grow
47. Lavender's Blue

Midlines and Base Sense:

48. Mother Earth Secrets
49. Recorder Song - Spring
50. Butterfly

Fingerplays:

51. Little Nest

Academic Prep. Activities

52. Alphabet Verse
53. Months/Seasons Verse

Kindergarten Graces and Transitions and Closings:

54. Sing Me A Song
55. Shepherd (Morning Song tune)
56. Sun Is Rising
57. Earth Who Gives To Us This Food
58. Blessings On The Blossom
59. Mother Earth Secrets
60. Golden In The Garden
61. Plants Grow Upward
62. Sleeping Seeds
63. White Coral Bells
64. Wond'rous Hands
65. Gone To Bed Oh How
66. Lovely Is The Evening
67. Round and Round