

Sample Weekly Chart for the Homeschool

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Lesson Activities	<ul style="list-style-type: none"> •Exercise Walk & movement work •Form Drawing •New Core Story (10 – 20 minutes) 	<ul style="list-style-type: none"> •Exercise Walk & movement work •Story Work (30 – 40 minutes) •Recorder lesson (10 minutes) 	<ul style="list-style-type: none"> •Exercise Walk & movement work •Story Work (30 – 40 minutes) •New Core Story (10 – 20 minutes) 	<ul style="list-style-type: none"> •Exercise Walk & movement work •Story Work (30 – 40 minutes) 	<ul style="list-style-type: none"> •Exercise Walk & movement work •Story Work (30 – 40 minutes) •Hear Nature or Mirror Story (10 – 15 minutes)
Snack	Snack	Snack	Snack	Snack	Snack
Late Morning Activities	Creative Play and/or Outdoor play	Creative Play and/or Outdoor play	Creative Play and/or Outdoor play	Painting <i>and</i> Outdoor play	Creative Play and/or Outdoor play
Lunch and Rest	Lunch and Rest Practice Work (10 - 20 minutes)	Lunch and Rest Practice Work (10 - 20 minutes)	Lunch and Rest Practice Work (10 - 20 minutes)	Lunch and Rest Practice Work (10 - 20 minutes)	Lunch and Rest Practice Work (10 - 20 minutes)
Afternoon Activities	<ul style="list-style-type: none"> •Shopping •Snack •Outdoor Play •Settling in time 	<ul style="list-style-type: none"> •Special Class •Snack •Outdoor Play •Settling in time 	<ul style="list-style-type: none"> •Projects •Snack •Outdoor Play •Settling in time 	<ul style="list-style-type: none"> •Adventure •Snack •Outdoor Play •Settling in time 	<ul style="list-style-type: none"> •Projects •Snack •Outdoor Play •Settling in time