

Learning Through Movement - Kindergarten

Table of Contents

1) Acknowledgments	10
2) Movement in Kindergarten Life	12
<i>a) Essential Energy: Learning through Movement</i>	12
<i>b) Mirroring Child Development</i>	
<i>a. Inward: Nourishing and engaging the physical body, fostering sensory integration</i>	
<i>b. Outward: Emotional expression through movement</i>	
<i>c. Instruction through movement</i>	
<i>c) The Activity of Learning</i>	
<i>a. The Young Child's Capacity for Imprinting</i>	
<i>b. The Structure</i>	21
<i>i. Sample #1 - Enhanced Exercise Walk</i>	22
<i>ii. Sample #2 - Formal Circle</i>	22
<i>iii. Sample #3 - Adventure Walk</i>	25
<i>d) Rhythm in Movement learning</i>	
<i>a. Rhythm, Integration, and Play</i>	
<i>e) Integration of Body, Speech, and Mind through Movement</i>	
<i>a. Nurturing Engagement & Focus (Classroom Management)</i>	
<i>f) Unity and Diversity in the world of movement</i>	
<i>a. Modelling all expressions</i>	
<i>g) Community - Coming together as a wholesome community (class or family)</i>	13
<i>h) Environment – supporting rhythmic flow</i>	
<i>i) The Teacher – bringing the world through embodiment</i>	
<i>a. Preparing and Leading Movement Activities</i>	21

The Activities

*** All movement activities have a code next to them to show what aspect of sensory integration they serve; this is detailed in the preceding section on Sensory Integration. Specific Activities are found on the separate content lists.***

Kindergarten Opening Activities	43
Kindergarten Midline Activities	93
Kindergarten Base Sense Activities	159
Kindergarten Fingerplays	210
Kindergarten Academic Games	274
Story Songs and Graces	281
Comprehension in Action	312
Building Comprehension/Image-making through Movement	314
The Highly Imaginative Child	
Entering Movement through Imagination	315
Teaching Body-mapping	315
Appendices: Movement Resource Lists and Neurological Movement Charts	354
<i>Kindergarten Movement Demonstration Video</i>	355
<i>Kindergarten Song CD List</i>	356
<i>Neurological Movement Focus</i>	358
<i>Complete Song and Verse Listing with Learning Focus</i>	359