

# *Enki Starting Up Booklet - kindergarten*

<b>Jumping In</b>	5
<b>Underlying Vision</b>	7
<b>The Nuts and Bolts</b>	9
<b>Daily Rhythms</b>	11
<i>Transitioning</i>	12
<i>Transition songs</i>	14
<b>Movement</b>	25
<b>1) Enhanced Exercise Walk/Organic Circle:</b>	29
<i>The Activities</i>	
<i>The Songs</i>	
<b>2) The Formal Circle:</b>	37
<i>The Activities</i>	
<i>The Songs</i>	
<b>3) The Adventure Walk:</b>	43
<i>The Activities</i>	
<i>The Songs</i>	
<b>Story</b>	51
<i>The Bojabi Tree (Indigenous Caribbean)</i>	
<i>Tiddelick the Frog (Indigenous Australian)</i>	
<b>Story Work: Creative Play</b>	61
<b>Projects and Crafts</b>	65
<b>Quiet Time: <i>learning to nourish from within</i></b>	68
<b>Afternoon Adventures</b>	70
<b>Getting it right!?</b>	72